



2/\$7

Fresh
Blackberries
or Raspberries
170 g. Product of U.S.A.



12⁹⁹ lb
28.64/kg

**Beef Striploin
Grilling Steak**
Boneless. Cut From
Canada AA or Higher.



Compliments Wieners
Select Varieties. 450 g.

BUY
CANADIAN
1⁹⁹
Each



Compliments Deli Salads
Select Varieties. 850 - 908 g.

5⁹⁹
Each



Pepsi 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL. ♻️

7⁶⁹



Broccoli Crowns
Product of Canada.

BUY
CANADIAN
2⁴⁹ lb
5.49/kg



Gay Lea Butter
Select Varieties. 454 g.

BUY
CANADIAN
4⁹⁹



**Nestle Ice Cream
or Novelties**
Select Varieties. Ice Cream
or Frozen Dessert 1.5 Litre.
Novelties 320 - 650 mL.
Frozen.

BUY
CANADIAN
5⁹⁹



**Dr. Oetker
Giuseppe Pizza**
Select Varieties. Thin or
Rising Crust 439 - 785 g.
Rip'n Share 480 g. Frozen.

4⁹⁴



**Scotties Facial Tissue
or Spongetowels**
Select Varieties.
Scotties 81's - 126's. 6's.
Spongetowel 3 Roll.

6⁹⁹



Sale Prices in Effect
SEPTEMBER 2026

thu	fri	sat	sun	mon	tues	wed
3	4	5	6	7	8	9

Alberta Standard Foods, Standard, AB 306-261-8936 • Two Hills Clover Farm, Two Hills, AB 780-657-3544

♻️ This symbol denotes *Plus deposit and/or environmental levies where applicable.*

pg1_w19_4CF

grocery



**Pearl Milling Company
Pancake Mix**
Or Syrup 710 mL. Select
Varieties. Pancake Mix 905 g.

3⁹⁹



**Del Monte Family
Size Fruit Bowls**
Select Varieties. 16's.
1.71 - 1.79 Litre.

11⁹⁹



Compliments Jam
Or Jelly and Marmalade.
Select Varieties. 500 mL.

**BUY
CANADIAN**
4⁹⁹



Club House Extracts
Select Varieties. 43 mL.
Excludes Pure Vanilla.

3¹⁹



**Compliments
Evaporated Milk**
Regular or Partly Skimmed.
354 mL.

**BUY
CANADIAN**
2²⁹



**Maple Leaf
Vienna Sausage**
113 g.

**BUY
CANADIAN**
1⁹⁹



**Holiday
Luncheon Meat**
340 g.

2/\$7



Compliments Pasta
Select Varieties. 900 g.

**BUY
CANADIAN**
2/\$5



**Hunt's Thick & Rich
Pasta Sauce**
Or Tomato Sauce.
Select Varieties. 680 mL.

2⁶⁹



French's Mustard
Select Varieties.
Yellow 550 mL.
Specialty 325 mL.

3²⁹



**Best Buy Cream Filled
Cookies**
Select Varieties. 600 g.

**BUY
CANADIAN**
4⁹⁹



**Pepperidge Farms
Goldfish Crackers**
Select Varieties. 156 - 227 g.

2/\$6



**Miss Vickie's
Potato Chips**
Select Varieties. 190 - 200 g.

2/\$9



**Old Dutch Restaurant
Tortilla Chips or Salsa**
Select Varieties.
275 - 295 g. Arriba
or Dutch Crunch
200 - 235 g.
Salsa 430 mL.

**BUY
CANADIAN**
2/\$8⁵⁰



Compliments Juice
Or Punch. Select Varieties.
1 Litre.

**BUY
CANADIAN**
1⁹⁹

bakery



Compliments Muffins
Select Varieties. 400 - 440 g.

**BUY
CANADIAN**
6⁹⁹



**School Safe
Mini Loaves**
Select Varieties. 280 g.

3⁹⁹



**Compliments
Brioche Loaf**
Original or Chocolate Chip.
500 g.

**BUY
CANADIAN**
5⁹⁹



Folgers Coffee
Select Varieties. 272 g.

9⁹⁹



**Monster, Full Throttle,
NOS, Bang or Reign
Energy Drinks**
Select Varieties.
355 - 473 mL.

2⁹⁹

deli



**Reser's Main Street
Bistro Side Dishes**
Select Varieties. 482 - 680 g.

6⁴⁹
Each



**Mini Babybel or
Laughing Cow Cheese**
Select Varieties. 102 - 140 g.

**BUY
CANADIAN**
4⁹⁹
Each



**Compliments Roast
Turkey Breast**
Or Smoked. Sliced or Shaved.

**BUY
CANADIAN**
2⁹⁹
100 g



**Maxwell House
Coffee**
Select Varieties.
631 - 900 g.

19⁹⁹



**Coca-Cola 1 Litre
Soft Drinks**
Select Varieties.

2/\$4⁵⁰

snacks



Storck Toffifee
123 g.

2/\$7



Compliments Peel'n Pop Gummy Candy
Mango or Banana. 160 g.

3⁴⁹



Compliments Pop'n Crunch Freeze Dried Candy
Select Varieties. 68 - 100 g.

5⁴⁹



Twizzlers or Nibs Licorice
Select Varieties. 311 - 454 g.
Jolly Rancher Ropes 283 g.

3⁷⁹



Lindt Swiss Classic Chocolate Bars
Select Varieties. 100 g.

2/\$10

chilled & frozen



Tropicana Juice Blends or Pure Leaf Beverages
Selected Varieties.
1.36 - 1.75 Litre.

4⁹⁹



Imperial Margarine
400 g.

3⁴⁹



Liberté Greek Yogourt
Select Varieties. 650 - 750 g.

6⁹⁹



Simply Orange Juice
Select Varieties. 2.25 Litre.

9⁹⁹



Kraft Philadelphia Dips
Select Varieties. 340 g.

4⁴⁹



McCain Deep 'n Delicious Cake
Select Varieties. 510 g. Frozen.

6⁴⁹



Lucerne Sour Cream
Regular or Light. 250 mL.

1⁹⁹



Red Baron Pizza
Select Varieties. 584 - 665 g. Frozen.

4⁴⁹



McCain French Fries
Shoestring, Crinkle Cut or Regular. Frozen. 1.5 kg.

4⁴⁹



Swanson Meat Pies
Select Varieties. 200 g. Frozen.

1⁷⁹



Compliments Frozen Vegetables
Select Varieties. 500 - 750 g. Frozen.

3⁹⁹



Marc Angelo Sausages
Select Varieties. 375 - 675 g. Frozen.

8⁹⁹



Wong Wing Entrees
Or Spring Rolls. Select Varieties. 360 - 680 g. Frozen.

6⁶⁹



Compliments Meat Lasagna
2.27 kg. Frozen.

16⁹⁹



Compliments Naturally Simple Fish Fillets
Basa or Tilapia. 400 g. Frozen.

5⁹⁹

household & pet



Purex Bathroom Tissue
Select Varieties.
Double 12 Roll or Triple 8 Roll.

6⁹⁹



Glad Cling Wrap
60 Metres.

3⁹⁹



Gain, Downy or Bounce Laundry Products
Select Varieties. Detergent 1.24 - 1.31 Litre. Flings 310 g. Dryer Sheets 40's - 80's. Fabric Rinse 473 mL. Scent Boosters 141 - 150 g.

6⁹⁹



Hefty Eco Save Plates or Cutlery
Select Varieties.
Plates 20's - 40's. Cutlery 75's.

4⁹⁹



Compliments Scoopable Cat Litter
Regular or Multicat. 7 kg.

7⁹⁹

produce



Compliments Potatoes

Select Varieties. 5 lb/2.27 kg.
Product of Canada.

3⁹⁹
Each



Fresh Apples

Select Varieties.
Product of Canada/U.S.A./New Zealand.

1⁹⁹
4.39/kg



Red or Green Seedless Grapes

Product of U.S.A.

3⁹⁹
8.80/kg



Compliments Carrots or Yellow Onions

Product of Canada. 3 lb/1.36 kg.

2/\$6



Compliments Mini Cucumbers or Grape Tomatoes

Cucumbers 6's. Grape Tomatoes 283 g.
Product of Canada.

2/\$5



Cauliflower

Product of Canada/U.S.A.

4⁹⁹
Each



Hot House Beefsteak Tomatoes

Product of Canada.

1⁹⁹
4.39/kg

meat *

Fresh Pork Loin Center Cut Roast or Chops

Boneless. Butterfly or Regular Cut.

3⁴⁹
7.69/kg



Fresh Chicken Legs

Back Attached.

3⁵⁹
7.91/kg



Fresh Pork Side Ribs

4⁴⁹
9.90/kg



Belmont Burgers

Select Varieties. 852 g. Frozen.

10⁹⁹
Each



Johnsonville Ground Sausage

Or Breakfast Sausages. Select Varieties.
250 - 375 g.

5⁹⁹
Each



Schneiders Bacon

Select Varieties. 375 g.

6⁹⁹
Each



Schneiders Pepperettes

Select Varieties. 60 g.

2⁴⁹
Each



Dempster's Hot Dog or Hamburger Buns

Select Varieties. 12's.

3⁴⁹



Old Dutch Potato Chips

Select Varieties.
220 g. Ridgies 200 g.

2/\$7⁵⁰



Armstrong Cheese

Select Varieties.
Shredded 300 - 320 g.
Blocks 400 g.

5⁴⁹



Compliments Soft Drinks

Select Varieties. 2 Litre. ♻️

3/\$5



Kellogg's Jumbo Cereal

Select Varieties.
700 g - 1.05 kg.

8⁹⁹

Open Sundays in select locations only. familyfoods.ca

Items may not be available at all locations. Sale valid while supplies last. We reserve the right to limit quantities. Items may differ from illustrations; some images are serving suggestions. Prices exclude GST/HST. Limits apply per household, per visit. We strive for accuracy but reserve the right to correct errors via in-store notices. Sale prices valid on dates shown on the front page.

LONG WEEKEND Essentials

Sale Prices in Effect September 3 - 9, 2026



Burns Wieners
Regular. 375 g

BUY
CANADIAN

4²⁹
Each



**Maple Lodge Farms or
Zabiha Halal Chicken
Wieners**
Select Varieties. 450 g.

BUY
CANADIAN

2²⁹
Each



Cracker Barrel Cheese Slices
Select Varieties. 200 - 240 g.

BUY
CANADIAN

4⁹⁹



Compliments Ice Cream
Select Varieties. 1.5 Litre. Frozen.

BUY
CANADIAN

4⁹⁹



Compliments Snacks
Select Varieties. 120 g.

BUY
CANADIAN

2/\$3



**Compliments
Microwave Popcorn**
Select Varieties. 240 - 282 g.

2/\$5



**Compliments
Exceptional Chocolate
Chip Cookies**
280 g.

4⁹⁹



Compliments Candy
Select Varieties. 700 - 750 g.

5⁹⁹



**Compliments
Chocolate Covered Nuts**
Select Varieties. 350 - 400 g.

8⁴⁹



Fruite Beverages
Select Varieties. 2 Litre.

2⁹⁹



Sparkling Ice Water
Select Varieties. 503 mL.

2/\$3



Ocean Spray 100% Juice
Or Juice Blends. Select
Varieties. 1.77 - 1.89 Litre.

4⁹⁹



**Coors Edge
Non Alcoholic Beer**
12 x 355 mL.

16⁹⁹



**Compliments
Dry Roasted Peanuts**
Select Varieties. 700 g.

4⁹⁹



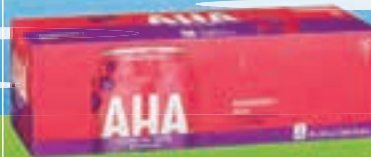
Panache Italian Soda
Select Varieties. 750 mL.

2⁹⁹



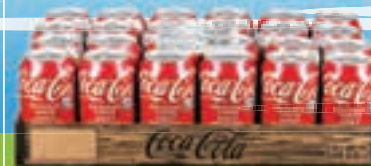
Coca-Cola Mini Cans
Select Varieties.
6 x 222 mL.

4⁹⁹



**AHA Sparkling
Water Beverage**
Select Varieties.
12 x 355 mL.

7⁴⁹



**Coca-Cola 24 Pack
Soft Drinks**
Select Varieties.
24 x 355 mL.

17⁹⁹

**LO
WEEK
Essen**





5.99
Each



499



1699



1199



599
Each



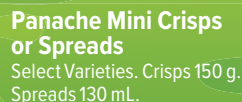
1099



1499



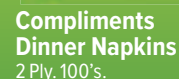
899



649



199



499



699

EASY DINNERS START HERE



NEW

Kraft Dinner
Ramen 95 - 97 g
\$2.99
Each /
Any Variety



Heinz
Beans or Pasta 398 mL
\$1.66
Each /
Any Variety



NEW

Kraft Dinner
Protein Macaroni
& Cheese 175 g
\$1.99
Each /
Any Variety



Kraft
Salad Dressings 425 mL
\$2.99
Each /
Any Variety



Kraft Dinner Macaroni
& Cheese 156 - 200 g
Kraft Pasta Salad 200 g
Kraft Dinner Macaroni
& Cheese Snack Cups 58 g
\$1.66
Each /
Any Variety



Heinz Ketchup 750 mL - 1 L
Miracle Whip Spread
650 - 890 mL
Kraft Mayo
Real Mayonnaise 890 mL
\$5.49
Each /
Any Variety



Bull's-Eye BBQ Sauce
425 mL
Diana Sauce & Marinade
375 - 500 mL
\$3.29
Each /
Any Variety



*Based on the 2026 BrandSpark® Canadian Trust Study
Kraft Singles Process
Cheese Product 410 g
Philadelphia Cream
Cheese Product 227 - 250 g
\$3.99
Each /
Any Variety

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LONG WEEKEND Essentials



Cadbury Single
Chocolate Bars
Select Varieties. 33 - 50 g.
3/\$5

Cadbury
Family Bars
Select Varieties. 80 - 105 g.
2/\$7

Maynards Candy
Select Varieties.
135 - 154 g.
2/\$6



Christie
Oreo Cookies
Select Varieties.
224 - 270 g.
3.79



Christie Crackers
Select Varieties.
175 - 200 g.
2/\$6



Christie Crispers
or Bits & Bites
Select Varieties. 145 g.
2/\$6

⌘ This symbol denotes *Plus* deposit and/or environmental levies where applicable.